

NEWSLETTER

Academic Year 2023 - 24

CLASS - KG

July 2023 VOL. 2

“Somewhere inside **ALL** of us is
the **POWER** to **CHANGE** the
WORLD”.

- Roald Dahl



ASN at a Glance

- ASN Senior Secondary School, Mayur Vihar-1 in collaboration with **United Nations Information Centre for India & Bhutan (UNIC)**, **AFS, Sustainable World Learners Foundation**, **Confederation for Indian Industry (CII)- Young Indians**, **Centre for Environment Education (CEE)** and **Foundation for Environmental Education (FEE)** hosted a grand program with the theme "G20" where 24 events were conducted .
- ASN in collaboration with **Udaan** organized 'Skill Fest' for its students from 5th to 13th July in the school premises. This was a golden opportunity for ASNites to hone their skills and become competent in Photography, Art, Film-making, Theatre & Writing under the mentorship of eminent artists from these fields. It was an enriching and meaningful experience for the students.
- **An Astronomical Success !!**
Beaming with pride, ASNites witnessed the launch of Chandrayaan-3 by Indian Space Research Organisation (ISRO), Sriharikota on Friday, 14th July 2023.

LATEST EVENTS AND HAPPENINGS AT ASN PRE PRIMARY WING

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From the Incharge's Desk



Dear Parents

Greetings!

As I share the newsletter for the month of July, I feel extremely elated to witness my children's learning patterns and their journey of scaffolding their potentials and expressions. As the children unfold their learning journey they need a lot of parental support, love and guidance. Many of my parents often ask me about the right ways to cater to the developmental needs of their children and make the school journey truly enjoyable. Here are some things you can do at home to get your child ready for school each day.

Have a positive, enthusiastic attitude!

Model a positive attitude about learning in general. Talk to your child about how much they will learn and the new people they will meet in school every day. When your child asks you questions about the world, take time to answer them — and to ask your own questions.

Look for opportunities for your child to play with other kids!

Free play in small and large groups is an important learning and development experience for your child. It helps them learn important social skills. The more social skills kids have, the easier it will be for them to concentrate on learning.

Create a consistent routine at home!

Following a consistent routine — and pointing out parts of the routine to your child — helps your child know what to expect and when. This will help your child transition to the school routine. This means going to bed and waking up at the same time every day and eating meals at roughly the same time each day.

Give your child age-appropriate chores!

Hold your child accountable for doing their chores. These types of activities will automatically transfer over into the classroom and help your child feel successful and comfortable. What can kids do at this age? Every child is different, but most kids at this age can learn to set the table, feed animals, sort and fold laundry, and learn to tidy and dust.

Help your child identify their feelings and talk about them!

Ask your child to imagine how others feel. Teach your child that all feelings are OK, but not all actions are OK. For instance, you may feel upset, but it's not OK to hit someone. Talking about feelings will help your child cope when they are dealing with a strange, sometimes overwhelming new environment.

Help your child find ways to calm down when they get frustrated!

Take a few deep breaths with your child the next time they are frustrated/angry. When your child is calm, share how you deal with being frustrated. Ask your child to imagine in their mind what situation makes them feel calm — hugging their dog, being with their grandma, holding their favorite toy — then remind them they can bring that image anywhere to calm themselves down.

Help your child practice skills!

Skills such as washing their hands, blowing their nose, and tying their shoes are important steps in building your child's independence. Given bigger class sizes and academic expectations, most teachers have limited ability to help with life skills like going to the bathroom and putting on shoes. Helping your child learn to do these tasks by themselves will reduce their stress at school.

Build a strong foundation in your child's home language!

You build this foundation by reading, singing, telling stories, and having meaningful conversations with your child. This will help your child learn to speak, communicate, and become a lifelong learner.

Help your child learn academic skills by playing games!

Play games in your family's native language or practice playing simple games in English. The point is to play games, which builds verbal and nonverbal communication skills, as well as reading, math, and logic skills, depending on the game. Look for shapes at home (the TV is a rectangle, a mirror may be a square, are circle, etc.). While folding laundry, talk about sorting types of clothes, and matching socks by size and color. Count chairs and plates when setting the table.

I hope these tips and techniques to some extent take away the parents concerns and help them draw a bright path for their child's learning journey. Together, I am sure we can pave ways which are full of explorations and adventures so that our children groom up to be confident and complete human beings.

Regards

Sarika Srivastava

Instilling Global Citizenship

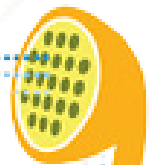
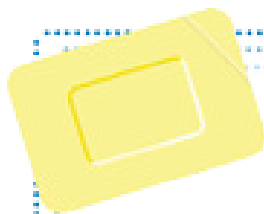


Health & Hygiene Drive

‘Every Kid Healthy’ month is an annual celebration of school health and wellness achievements. A month-long health hygiene calendar is designed for the little ones to generate awareness on this very essential life skill. A plethora of activities are taken up to make it an enriching learning experience for the children. Each day shines a spotlight on the actions taken to improve the health and wellness of the kids. We also highlight the link between nutrition, physical activity, mental health and learning – because healthy kids are better prepared to learn and thrive!

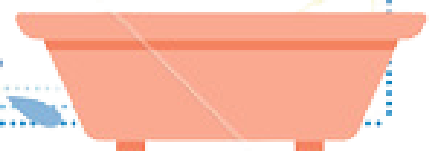
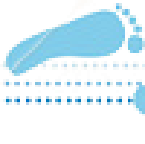
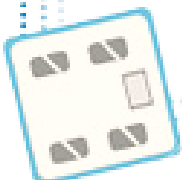
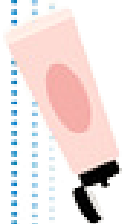


PERSONAL HYGIENE

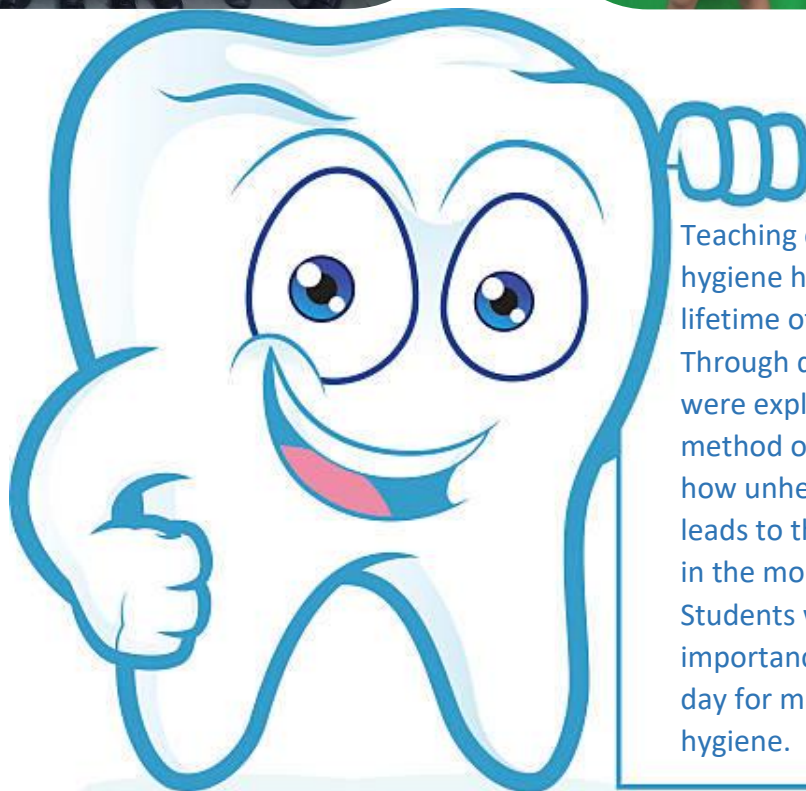


Personal Hygiene

Children need to keep themselves clean to remain healthy and to feel good about themselves. Good personal hygiene helps to boost their self-esteem and confidence. Through discussions and hands-on activities students were taught the importance of taking a shower daily, wash their hair at least thrice a week, cut their nails, wear clean clothes, exercise properly and follow a proper diet.



Dental Hygiene



Teaching children good oral hygiene habits early can lead to a lifetime of healthy smiles. Through demonstration students were explained the proper method of brushing teeth and how unhealthy and sugary food leads to the building up of germs in the mouth termed as cavities. Students were explained the importance of brushing twice a day for maintaining proper oral hygiene.

Hand Hygiene



Our little ones learnt the smart ways to wash their hands following the SUMAN K technique, a fun way to wash the hands using the right technique.

SUMAN K is a Hindi acronym in which:

- S stands for Seedha
- U stands for Ulta
- M stands for Muthhi
- A stands for Angutha
- N stands for Nakhun
- K stands for Kalai



Experimental Fun

Pepper and Soap Experiment:

-The Germ Hunt

Students learnt how to kill germs with the help of self-conducted experiment. They easily understood that the use of soap/handwash is effective in killing the germs.



Eating the Healthy Way

Cooking without fire: Preparation of sprout salad

In the present scenario it is very important for us to make the students understand about eating healthy. Through the preparation of sprouts salad students learnt about the process of sprouting by germinating seeds as well as learnt the names of the vegetables and the ingredients used in the preparation of the sprouts salad. The students relished and enjoyed their bowl of salad with their peer group.



WIGGLY FINGERS – Puppet Theatre

Children learn best when they are having fun. The purpose of puppet is to create fun dialogues and an element of surprise into the learning activities. A puppet show was conducted to teach the students the importance of healthy and hygienic behaviour.



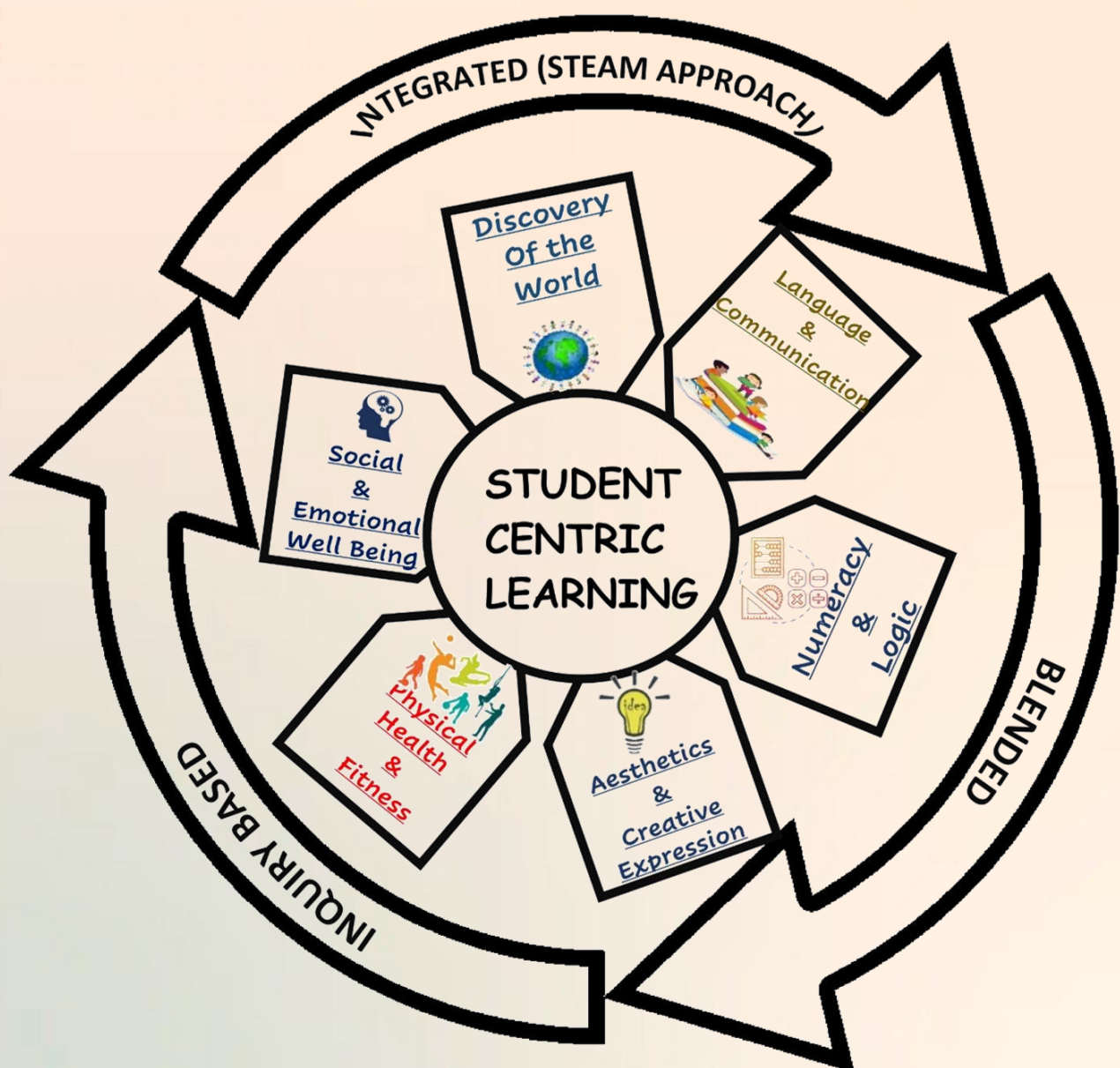
INTERNATIONAL TIGER DAY



Global Tiger Day, often called International Tiger Day, is an annual celebration to raise awareness for tiger conservation, held annually on 29 July. The activities designed for the day were aimed at inculcating sensitivity towards nature and wildlife in the young children. Through a talk session and video on "Saving the Stripes" students were shown how these big cats are hunted for their body parts. Little ones prepared Tiger Masks to mark their support and love for their national Animal.



Our LEARNING DOMAINS

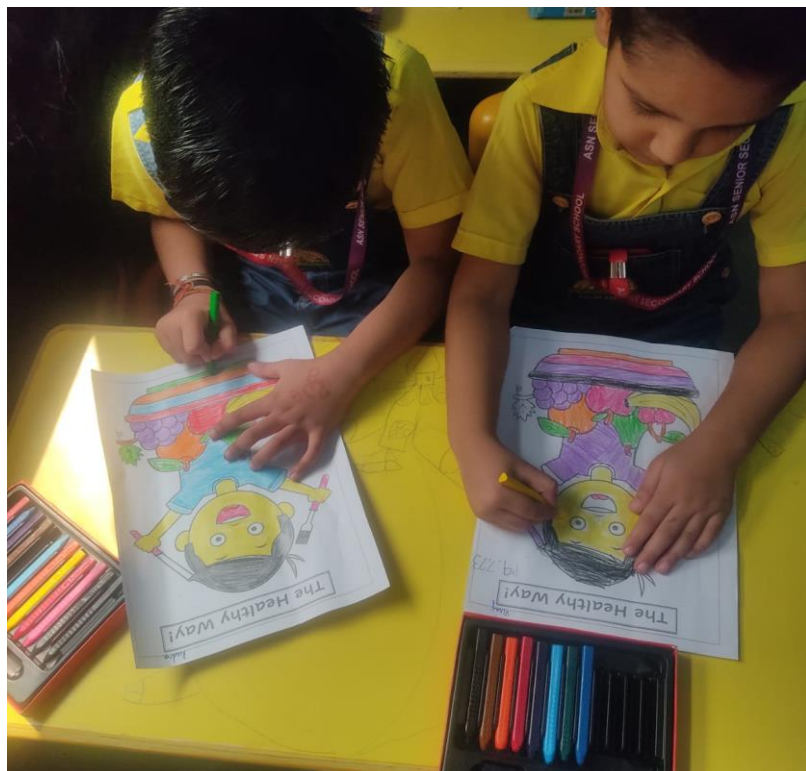


Aesthetic & *Creative* *Expressions*

The children filled colours to express their understanding on the theme 'The Healthy Way'.

This experience not only developed their concentration, fine motor and coordination but also gave the experience of creativity, colour awareness and a sense of achievement.





Social & Emotional

Well Being

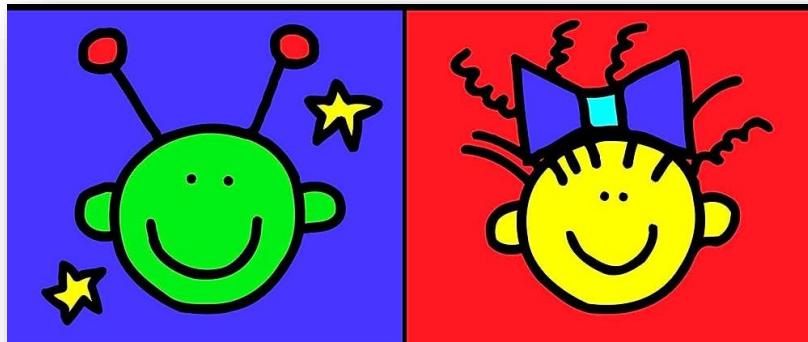


There are so many ways to engage children in social emotional learning (SEL). We support both our children's literacy skills and their SEL growth by thoughtfully incorporating meaningful stories. Through these stories children are able to learn more about life, the world, and themselves. Moreover, Storytelling has been proven to help develop a sense of empathy as children are encouraged to put themselves in the position of the story's protagonist; to consider their actions and reactions and why they may have made them.



"It's Ok To Be Different"

This story helped kids to become self-aware about their strengths and develop positive attitude.





' Elmer the Patchwork Elephant'

Through this story the students learnt that being different from the group does not have to limit us. It is our differences that make each one of us unique and we are all strong in our own ways.





Season

Students learnt about water cycle and how rains occur and the disadvantages of excess or scanty rains. They also made an origami of a paper boat and drew a peacock and frog.



Discovery
of
the world

FARM

to plate

From farm to plate: Students learnt the two sources of food- Plant source and animal source. They also learnt the importance of having 3 meals in a day and the various food items that we eat for breakfast, lunch and dinner. The disadvantages of having junk food and how it affects our body in the long run.





Numeracy



And



Logic



Building Numbers : In Kindergarten various activities are conducted using different apparatus like Saga board, Ganit mala, Building blocks, and Popsicle sticks for working with numbers from 11 onwards to gain foundation for place value. At this early age, place value refers to the ability to understand that a 1 isn't just a 1 and in a number like 13, the one represents 10 ones and is considered 1 ten.





Shin Program

Shin Program is a Japanese style experiential holistic group program. This program not only enhances their academic skills but also their non- cognitive abilities. In the course book they are given tasks which the students first try to solve in the book and then the same on the table. Students enjoy this activity, and they are able to solve the tasks independently.





English:

Introduction of short vowel u & e was taken up with the help of flash cards. Students wrote a set of 5 words in the notebook in the first two days accompanied by Rhyming words. Then they were given practice worksheets related to the vowels to strengthen their learning.





English Solo Rhyme Competition:

As a culmination to the hygiene week, English Solo Rhyme competition was conducted on the theme **“The Healthy Choices”**. Students celebrated their learning by participating enthusiastically and presented the concept well in their colourful costumes & props.



SHOW & TELL



Show & tell sets the stage for children to become comfortable and confident speakers while facing an audience. It also enhances their language skills, pronunciation and other basic skills that are required in public speaking. A show & Tell activity was conducted on the theme

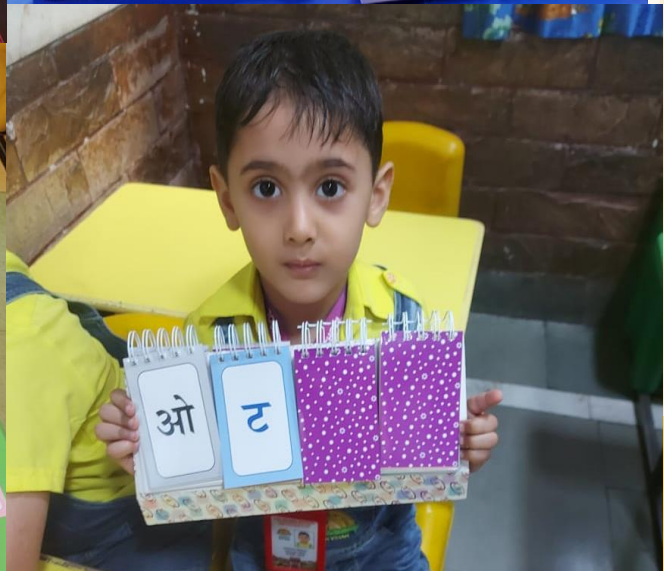
“Health Manifest” in which students brought one item related to hygiene and spoke about it.





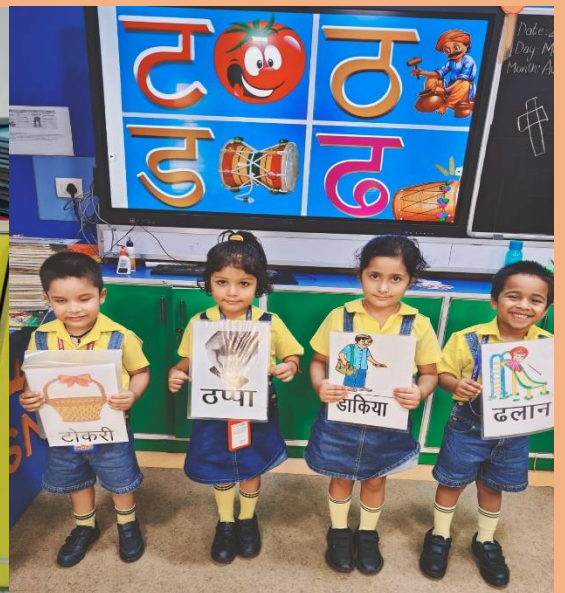
2 letter words with Hindi word builder

Word building helps to build spelling skills. It allows students to choose which letters to use and to sequence the letters that are heard in a word. Students revised the swars, vyanjans and the two letter words through this learning tool.



Introduction of the vyanjans:

After the vacation vyanjans were introduced. The students were introduced to the letter through a story and a presentation. Rainbow writing worksheet was given in which students traced the letter using verbal clues followed by tracing the letters and writing them in the books the next day.





Physical Health **and Fitness**

OUTDOOR FUN – Developing Gross Motor Skills

School is the best place to get kids more active and involve them in various physical activities. This has become all the more important in the present-day scenario as children spend more time in sedentary activities. At ASN students involve in physical exercises and outdoor games on a regular basis as outdoor play provides extensive benefits for the children's physical development.



Learning through Montessori Apparatus

Students were introduced to the Montessori apparatus as sensorial activities are used in Montessori learning to help children in discrimination and order. They also help broaden and refine a child's senses. When a child combines Montessori designed materials with sensorial work, it helps them become more logical, perceptive, and aware.



PARENT

TIPS & TRICKS

What if there was a magical action that could help every child fulfil their educational potential?

Well, there is! Reading. The more your child learns to love reading when they're little, the more they'll become the sort of lifelong learner that helps them succeed in life.

So even though learning to read takes a huge amount of time and energy for children (and their teachers and parents), it's the skill that experts consistently say pays off most in the long run.

At this age, learning to read should be fun and games, not hard work.

How to start your child on the path to lifelong learning?

1. Find books they love.

Check out these preschool book lists, where you'll find everything from classics to age-appropriate science, history, and more. When you find a book you like, there's a link to help you find the book at your local library.

2. Make it fun.

Do different voices for characters, read with expression, and make the story really come alive for your child. Before you know it, you'll both be having a blast!

3. Sneak in some best practices.

Watch these two videos — Picture walk and Follow my finger — about smart things to do while reading that are both easy to do and valuable in terms of boosting your child's literacy.

