

ASN International School

Mayur Vihar - I, Delhi

MENU OF THE MONTH – December 2022

Chapati , Rice , Curd & Salad would be served daily along with the mentioned menu.

Day	Date	DAL	VEGETABLE	SNACKS
Thurs	01-Dec	Yellow Moong Dal	Carrot Peas	Poha
Fri	02-Dec	Rajma	Brinjal	Kheer
Mon	05-Dec	Mix Dal	Potato Nutri	Sweet Sewain
Tues	06-Dec	Black & Yellow Dal	Saag	Bread Jam
Wed	07-Dec	Kadi	Potato & Peas	Sweet Dalia
Thurs	08-Dec	White Chana	Mix Veg	Corn Soup
Fri	09-Dec	Yellow Moong Dal	Gourd	Custard
Mon	12-Dec	Sambhar	Potato Fenugreek(Methi)	Kheer
Tues	13-Dec	Black Chana	Jeera Potato	Macroni
Wed	14-Dec	Mix Dal	Saag	Sweet Sewain
Thurs	15-Dec	Black & Yellow Dal	Matar Paneer	Tomato Soup
Mon	19-Dec	Rajma	Lady Finger	Sweet Dalia
Tues	20-Dec	Kadi	Potato Fenugreek(Methi)	Namkeen Sewain
Wed	21-Dec	Dal Makhani	Bottle Gourd	Kheer
Thurs	22-Dec	Yellow Moong Dal	Turnip, Carrot & Peas	Upma
Fri	23-Dec	White Chana	Potato Beans	Custard
Mon	26-Dec	Black & Yellow Dal	Brinjal	Sandwich
Tues	27-Dec	Sambhar	Bottle Gourd	Sweet Dalia
Wed	28-Dec	Kadi	Pumpkin	Halwa
Thurs	29-Dec	Mix Dal	Kofta	Sweet Dalia
Fri	30-Dec	Black Chana	Mix Veg	Tomato Soup

Note : There may be slight change in the menu due to availability item.

Shivani Khanna
Headmistress