

# ASN International School

Mayur Vihar - I, Delhi

## MENU OF THE MONTH – August 2022

Chapati , Rice , Curd & Salad would be served daily along with the mentioned menu.

Day	Date	DAL	VEGETABLE	SNACKS
Mon	01-Aug	Black & Yellow Dal	Kofta	Kheer
Tues	02-Aug	Rajma	Pumpkin	Upma
Wed	03-Aug	Yellow Moong Dal	Bitter Gourd	Namkeen Sewain
Thurs	04-Aug	Sambhar	Bottle Gourd	Sandwich
Fri	05-Aug	Black Chana	Jeera Aloo	Custard
Mon	08-Aug	Dal Makhani	Potato Capsicum	Poha
Wed	10-Aug	Aloo,Puri, Pullav, Raita		Sweet Dalia
Fri	12-Aug	Sambhar	Mix Veg	Sandwich
Sat	13-Aug	Chana,Puri, pulav, Raita		Halwa
Tues	16-Aug	Mix Dal	Besan Gatte	Bread Jam
Wed	17-Aug	Rajma	Bitter Gourd	Namkeen Sewain
Thurs	18-Aug	Sambhar	Bottle Gourd	Custard
Mon	22-Aug	Yellow Moong Dal	Kofta	Poha
Tues	23-Aug	Black & Yellow Dal	Jeera Potato	Sweet Dalia
Wed	24-Aug	White Chana	Pumpkin	Bhelpuri
Thurs	25-Aug	Mix Dal	Besan Gatte	Bread Poha
Fri	26-Aug	Kadi	Aloo Nutri	Namkeen Sewain
Mon	29-Aug	Chana Dal Bottle Gourd	Aloo Capsicum	Custard
Tues	30-Aug	Yellow Moong Dal	Kofta	Upma
Wed	31-Aug	Black Chana	Mix Veg.	Bhel Puri

Note : There may be slight change in the menu due to availability item.

Shivani Khanna  
Headmistress