

**ASN International School**  
**Mayur Vihar - I, Delhi**

**MENU OF THE MONTH – FEBRUARY 2023**

Chapati , Rice , Curd & Salad would be served daily along with the mentioned menu.

Day	Date	DAL	VEGETABLE	SNACKS
Wed	01-Feb	Yellow Peas Dal	Jeera Aloo	Kheer
Thurs	02-Feb	Kadi	Pumpkin	Sweet Sewain
Fri	03-Feb	Mix Dal	Aloo Methi	Namkeen Sewain
Mon	06-Feb	Yellow Moong Dal	Saag	Bread jam
Tues	07-Feb	Black and Yellow Dal	Mix Veg	Poha
Wed	08-Feb	White Chana	Turnip, Carrot and Peas	Macroni
Thurs	09-Feb	Sambhar	Carrot, Methi, Peas	Corn Soup
Fri	10-Feb	Black Chana	Nutri and Peas	Bread Poha
Mon	13-Feb	Kadi	Jeera Aloo	Upma
Tues	14-Feb	Rajma	Potato and Carrot	Sandwich
Wed	15-Feb	Mix Dal	Kofte	Kheer
Thurs	16-Feb	Yellow Moong Dal	Aloo Matar	Sweet Sewain
Fri	17-Feb	Matar Paneer, Puri, Pulao and Raita		Halwa
Mon	20-Feb	Lobia	Aloo Methi	Namkeen Sewain
Tues	21-Feb	White Chana	Brinjal	Poha
Wed	22-Feb	Black Chana	Mix Veg	Macroni
Thurs	23-Feb	Yellow Peas Dal	Jeera Aloo	Bread Jam
Fri	24-Feb	Rajma	Potato, Carrot and Peas	Sweet Dalia
Mon	27-Feb	Kadi	Aloo Beans	Upma
Tues	28-Feb	Mix Dal	Saag	Bread Poha

Note : There may be slight change in the menu due to availability item.

Shivani Khanna