

ASN International School
Mayur Vihar - I, Delhi

MENU OF THE MONTH – October 2022

Chapati , Rice & Salad would be served daily along with the mentioned menu.

Day	Date	DAL	VEGETABLE	SNACKS
Thurs	06-Oct	Yellow Moong Dal	Pumpkin	Kheer
Fri	07-Oct	Rajma	Jeera Potato	Bread jam
Mon	10-Oct	Mix Dal	Mix Veg	Poha
Tues	11-Oct	Black and Yellow Dal	Bottle Gourd	Custard
Wed	12-Oct	Kadi	Potato Nutri	Macroni
Fri	14-Oct	Yellow Dal	Bitter Gourd	Upma
Mon	17-Oct	Sambhar	Kofta	Sweet Dalia
Tues	18-Oct	Rajma	Potato Capsicum	Sandwitch
Wed	19-Oct	Yellow Mong Dal	Besan Gatte	Namkeen Dalia
Thurs	20-Oct	Mix Dal	Palak Paneer	Kheer
Diwali Celebration				
Fri	21-Oct	Puri,Potato,Pulav		Halwa
Thurs	27-Oct	Black Dal	Potato Beans	Poha
Fri	28-Oct	Kadi	Jeera Potato	Custard
Mon	31-Oct	Dal Makhani	Pumpkin	Macroni

Note : There may be slight change in the menu due to availability item.

Shivani Khanna
Headmistress