

ASN International School

MENU OF THE MONTH – December 2023

Chapati , Rice & Salad would be served daily along with the mentioned menu.

Day	Date	DAL	VEGETABLE	SNACKS
Fri	01-Dec	Mix Dal	Potato Jeera	Kheer
Mon	04-Dec	Moong Dal	Bottle Gourd	Upma
Tues	05-Dec	Sambhar	Brinjal Bharta	Jam Bread
Wed	06-Dec	Rajma	Carrot & Peas	Namkeen Dalia
Thurs	07-Dec	Dal Makhini	Mix Veg	Sweet Sewain
Fri	08-Dec	Green Moong Dal	Palak,Methi Corn	Soup
Tues	12-Dec	Black Chana	Mix Veg	Poha
Wed	13-Dec	Chhole	Gobhi Potato	Upma
Thurs	14-Dec	Yellow Moong Dal	Pumpkin	Potato Sandwich
Fri	15-Dec	Rajma	Saag	Kheer
Mon	18-Dec	Mix Dal	Bitter Gourd	Poha
Tues	19-Dec	Sambhar	Capsicum Potato	Soup
Wed	20-Dec	Loki Chana Dal	Methi Matar,Carrot	Sweet Sewaiya
Thurs	21-Dec	Chhole	Brinjal Bharta	Namkeen Dalia
Fri	22-Dec	Green Moong Dal	Palak Paneer	Jam Bread
Tues	26-Dec	Mix Dal	Jeera Potato	Kheer
Wed	27-Dec	Rajma	Mix Veg	Namkeen Dalia
Thurs	28-Dec	Kadi	Gobhi Potato	Poha
Fri	29-Dec	Dal Makhini	Saag	Sandwich Potato

Note : There may be slight change in the menu due to availability item.

Shivani Khanna

Headmistress