

ASN International School

MENU OF THE MONTH – October 2023

Chapati , Rice & Salad would be served daily along with the mentioned menu.

Day	Date	DAL	VEGETABLE	SNACKS
Tues	03-Oct	Mix Dal	Jeera Potato	Poha
Wed	04-Oct	Rajma	Mix Veg	Upma
Thu	05-Oct	Lokhi Chana	Pumpkin	Custard
Fri	06-Oct	Saboot Masoor	Nutri Peas	Bread Jam
Mon	09-Oct	Green Moong Dal	Lady Finger	Kheer
Tues	10-Oct	Chole	Jeera Potato	Namkeen Daliya
Wed	11-Oct	Yellow Moong Dal	Bottle Guard	Sweet Sewian
Thus	12-Oct	Aarhar Dal	Nutri Peas	Poha
Fri	13-Oct	Matara	Brinjal Bharta	Potato Sandwich
Mon	16-Oct	Saboot Masoor	Gobhi Matar	Dal Vada & Chutney
Tues	17-Oct	Chole	Mix Veg	Namkeen Daliya
Wed	18-Oct	Sambhar	Jeera Potato	Custard
Thu	19-Oct	Lokhi Chana	Beans Potato	Namkeen Sewian
Fri	20-Oct	Chole	Paneer	Halwa
Wed	25-Oct	Mix Dal	Brinjal Potato	Bread Jam
Thu	26-Oct	Dal Makhni	Capsicum Potato	Poha
Fri	27-Oct	Rajma	Mix Veg	Kheer
Mon	30-Oct	Green Moong Dal	Spinach&Corn	Sweet Sewian
Tues	31-Oct	Yellow Moong Dal	Jeera Potato	Namkeen Daliya

Note : There may be slight change in the menu due to availability item.

Shivani Khanna

Headmistress