

ASN International School

MENU OF THE MONTH – September 2023

Chapati , Rice & Salad would be served daily along with the mentioned menu.

Day	Date	DAL	VEGETABLE	SNACKS
Fri-	01-Sep	Mix Dal	Bottle Guard	Kheer
Mon	04-Sep	Kale Chana	Capcicum Potato	Namkeen Dalia
Wed	06-Sep	Potato Gravy	Matar Paneer	Sooji Halwa
Mon	11-Sep	Sambhar	Brinjal Potato	Upma
Tue	12-Sep	Rajma	Mix Veg	Namkeen Sewain
Wed	13-Sep	Green Moong Dal	Nutri Peas	Custard
Thu	14-Sep	Chole	Lady Finger	Jam Bread
Fri	15-Sep	Lobhiya	Pumpkin	Poha
Mon	18-Sep	Arhar Dal	Beans Potato	kheer
Tue	19-Sep	Dal Makhni	Brinjal Bharta	Namkeen Daliya
Wed	20-Sep	Masoor Dal	Jeera Potato	Custard
Thu	21-Sep	Mix Dal	Gobhi Matar	Upma
Fri	22-Sep	Rajma	Bottle Guard	Potato Sandwich
Mon	25-Sep	Yellow Moong Dal	Lady Finger	Sweet Sewain
Tue	26-Sep	Matar	Tinda	Dal Fritters
Wed	27-Sep	Kadhi	Nutri Peas	Jam Bread
Fri	29-Sep	Loki Chana Dal	Beans Potato	Kheer

Note : There may be slight change in the menu due to availability item.

Shivani Khanna

Headmistress