

ASN International School

MENU OF MONTH - October 2026

Chapati , Rice & Salad would be served daily along with the mentioned menu.

Day	Date	DAL	VEGETABLE	SNACKS
Thurs	1 Oct 26	Chhole	Cauliflower & Potato	Kheer
Mon	5 Oct 26	Mix Dal	Louki	Upma
Tues	6 Oct 26	Louki Chana Dal	Pumpkin	Bread Sandwich
Wed	7 Oct 26	Black Chana	Lady Finger	Namkeen Sewain
Thurs	8 Oct 26	Green Dal	Tinda	Poha
Fri	9 Oct 26	Saboot Masoor	Parwal & Potato	Sweet Dalia
Mon	12 Oct 26	Dal Makhani	Capsicum Potato	Kheer
Tues	13 Oct 26	Rajma	Cauliflower	Upma
Wed	14 Oct 26	Sambhar	Jeera Potato	Custard
Thurs	15 Oct 26	Mix Dal	Mix Veg	Namkeen Sewain
Fri	16 Oct 26	Chhole	Paneer, Puri,Pulao	Kheer
Wed	21 Oct 26	Yellow Moong Dal	Louki	Poha
Thurs	22 Oct 26	Kadhi	Brinjal	Macroni
Fri	23 Oct 26	Black Chana	Tinda	Stuff Sandwich
Mon	26 Oct 26	Chana Dal	Kofta	Sweet Dalia
Tues	27 Oct 26	Green Dal	Nutri Peas	Kheer
Wed	28 Oct 26	Dal Makhni	Jeera Potato	Upma
Thurs	29 Oct 26	Rajma	Paneer Capsicum	Poha
Fri	30 Oct 26	Sabut Masoor	Lady Finger	Macroni
Note : There may be slight change in the menu due to availability item.				
Shivani Khanna				
Headmistress				