

# ASN International School

Mayur Vihar - I, Delhi

## MENU OF THE MONTH – August ,2026

Chapati, Rice & Salad would be served daily along with the mentioned menu.

| DAY   | DATE   | DAL                   | VEGETABLE           | SNACKS         |
|-------|--------|-----------------------|---------------------|----------------|
| Mon   | 03-Aug | Lobhiya               | Lady Finger         | Namkeen Sewain |
| Tues  | 04-Aug | Mix Dal               | Jeera Potato        | Macroni        |
| Wed   | 05-Aug | Rajma                 | Capsicum Potato     | Kheer          |
| Thurs | 06-Aug | Black Chana           | Tinda               | Upma           |
| Fri   | 07-Aug | Arhar dal             | Louki               | Poha           |
| Mon   | 10-Aug | Sabut Masoor          | Mix Veg             | Sweet Sewain   |
| Tues  | 11-Aug | Lobhiya               | Jeera Potato        | Namkeen Dalia  |
| Wed   | 12-Aug | Urad Kali Dal & Chana | Bharta              | Bread Pakora   |
| Thurs | 13-Aug | Green Dal             | Tinda               | Upma           |
| Fri   | 14-Aug | Potato Gravy          | Shahi Paneer , Puri | Sweet Dalia    |
| Mon   | 17-Aug | Sambhar               | Nutri Peas          | Namkeen Sewain |
| Tues  | 18-Aug | Chhole                | Capsicum Pototao    | Poha           |
| Wed   | 19-Aug | Dal Makhani           | Lady Finger         | Bread Sandwich |
| Thurs | 20-Aug | Rajma                 | Parwal Potato       | Custard        |
| Fri   | 21-Aug | Sabut Masoor          | Paneer Capsicum     | Namkeen Dalia  |
| Mon   | 24-Aug | Green Dal             | Gatte ki Sabji      | Upma           |
| Tues  | 25-Aug | Black Chana           | Louki Kofta         | Bread Jam      |
| Thurs | 27-Aug | Chhole                | Mix                 | Macroni        |
| Mon   | 31-Aug | Arhar dal             | Jeera Potato        | Poha           |

**Note : There may be slight change in the menu due to availability item.**

**Shivani Khanna**

**Headmistreaa**