

ASN International School

Mayur Vihar - I, Delhi

MENU OF THE MONTH – July ,2026

Chapati, Rice & Salad would be served daily along with the mentioned menu.

Day	Date	DAL	VEGETABLE	SNACKS
Wed	01-Jul	Kale Chana	Jeera Potato	Kheer
Thurs	02-Jul	Rajma	Mix Veg	Poha
Fri	03-Jul	Kadhi	Brinjal	Upma
Mon	06-Jul	Green Dal	Tinda	Namkeen Sewain
Tues	07-Jul	Yellow Moong Dal	Louki Kofta	Custard
Wed	08-Jul	Chole	Capsicum Potato	Namkeen Dalia
Thurs	09-Jul	Dal Makhani	Nutri Peas	Bread Jam
Fri	10-Jul	Sabut Masoor	Jeera Potato	Poha
Mon	13-Jul	Mix Dal	Shahi Paneer	Macroni
Tues	14-Jul	Kale Chana	Lady Finger	Upma
Wed	15-Jul	Sambhar	Mix Veg	Cutlet
Thurs	16-Jul	Green Dal	Jeera Potato	Kheer
Fri	17-Jul	Rajma	Nutri Peas	Namkeen Sewain
Mon	20-Jul	Yellow Moong Dal	Tinda	Poha
Tues	21-Jul	Sabut Masoor	Louki	Jam Sandwich
Wed	22-Jul	Chana Louki Dal	Capsicum Potato	Namkeen Dalia
Thurs	23-Jul	Arhar dal	Lady Finger	Cutlet
Fri	24-Jul	Dal Makhani	Paneer Matar	Custard
Mon	27-Jul	Mix Dal	Mix Veg	Upma
Tues	28-Jul	Chhole	Pumpkin	Sweet Sewain
Wed	29-Jul	Kadhi	Parwal	Poha
Thurs	30-Jul	Yellow Moong Dal	Tinda	Macroni
Fri	31-Jul	Chana Louki Dal	Jeera Potato	Bread Sandwich

Note : There may be slight change in the menu due to availability item.

Shivani Khanna

Headmistress